

# 4 responses

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## Summary

### How successful was your child in completing his/her Home'work'?

Quite successful in completing the required time, but did not take on all options.

Very!

Good. He was brief in depicting it, but he committed to doing it daily.

He completed some of the tasks not all though

### What were some of the benefits of this type of Home'work'?

I found that it held him accountable for his actions and choices. It helped him realize how much time he actually puts into something.

I put the responsibility on her to be more active and I didn't have to nag and remind her.

More fresh air. He 'had to' go out.

He had to go out and play :-)

### Are there any downsides to this type of Home'work'?

My child felt some failure (?) that he didn't log any creative minutes.

No!!!

Not really. It encourages a variety of healthy pursuits and endeavours.

Some stuff like meditating wasn't really something that peaked his interest

### What are your thoughts on this home'work' vs traditional "textbook' homework?

What is "textbook" homework ... never had any since he started school!

This homework helps encourage our children's physical and mental health and sadly sometimes we as parents forget how important that truly is.

Sometimes this is a nice alternative but it won't prepare kids for future classrooms that don't share your view on textbooks.

I am old school so I prefer textbook homework but with this day and age this is a way of getting them off the phones and outside again

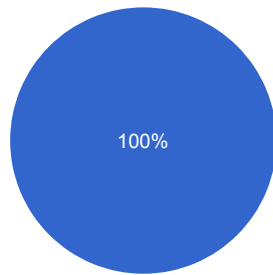
### Any additional suggestions/comments/input?

Adding to the sheet how much screen time they had each day/week so that can be part of the discussion and focus.

Factor some healthy snacking into their plans and activities or good deeds just because.

I would change some of the tasks on it to be more geared for the kids. Meditation is not really something that my son even tried to do

### May I share the anonymous input you provided in future blog posts?



Yes	4	100%
No	0	0%

### Number of daily responses

