

### What is your initial reaction about this type of home'work'? (7 responses)

### Pleasantly suprised

I think towards the end of the year when kids aren't focused on book work it's a nice way to keep them engaged but encourage them to do something of their choosing that is recreational

Sad to think that this would be "homework" as opposed to something that kids would just do for fun.

I think this is a great idea and feel that our son would want to do a number of the activities on a daily basis. He was excited to show me the homework and started on it as soon as we returned home. Fantastic idea about getting our children talking and more active. The variety of activities and tasks are great. I would add an other on the list so we could add an activity if it was not on the list.

#### Encouraging

I thought it was a great idea.

Was impressed that it was more than just academics

# Do you think your son/daughter will complete the home'work'? Why/why not?

(7 responses)

Yes because it is different and achievable

If i encourage him he likely will. For the most part he's kind of done with school for the year so this is a little more fun and engaging.

Yes, my son would have no trouble completing the homework as the list of things to do are all items that he/we as a family do on a daily basis!

I do believe that my son would complete this homework because he can choose which activity or task he would like to do. It becomes their interest which we know they do much better in following through if they are passionate about the task. He would follow through without a doubt.

Playing outside because she really enjoys playing at the park and this encourages some of her friends to be there.

Yes. She was excited to do so. Many of the things are in her routine and she was excited to be able to check them off.

Yes, she enjoys these types of activities

### Do you think this kind of home'work' is valuable? Why/why not? (7 responses)

Extremely valuable because it teaches students to organize and divide their time. It teaches about balance as well with tasks and in life

I think it's important to recognize that a lot of learning happens just from being a normal kid and being outside playing getting fresh air reading and doing things of their own choosing

Yes it is valuable because it helps to create a balance between school and learning, and play and quiet personal reflection time. This will help them as they get older and life gets busier and more stressful - learning to find the balance at a young age will help them as adults (hopefully!!).

I do think it is valuable. I was one of those parents that sat with my child for hours completing their homework on a daily basis. We had a lot of struggles, tears, and my sons were in distress over homework. Do I think they retained the information from the hours of homework work I would say no. Now giving them the opportunity to be active and be a child that is important to me as a parent. They are already in school for 6 hours. Their brains need a break and their bodies need to move. Love this homework idea.

Absolutely because we sometimes get wrapped up in things that really aren't that important.

Yes. Less screen time. Promotes physical activity, volunteerism and interactions with parents.

Yes, it shows them that there is more to life/growing up than class subjects.

## Do you have any suggestions, concerns, additional comments? (6 responses)

Yes add listening to music or other types of relaxation or self care tasks in addition to meditation

I think they should present to the class their activities and a rationale for their choices.

Great idea to hold the kids accountable for their activities .... this will help point out how much or little time is spent doing something other than video games!

I love the options and they are pretty open to expand but the one thing I would add is a box to add our own activity.

Thanks for the reminder about spending time in a healthier manor (less electronics for them and more focus on them for me.)

Thank you! Great idea.

## May I share the anonymous input you provided in future blog posts?

(7 responses)

